

*it "covers it All"*



Creating Success and Happiness with  
Positive Action  
Academics ♦ Character Education ♦  
Prevention

# Positive Action Ranked in **Top Six** with U.S. Department of Education, *What Works Clearinghouse*

- Meets evidence standards for character education in **behavior AND academics.**
- ***Only*** program in character education and other three topical areas that is effective for **behavior AND academics.**



**The Positive Action program**

**achieves success and**

**happiness with a comprehensive,**

**coherent approach to**

**achievement, character, and behavior.**

Creating Success and  
Happiness with Positive  
Action through Prevention,  
Intervention,  
and Treatment

# Positive Action is Recognized as an Evidence-Based, Proven Program

- **Academics**
- U.S. Department of Education, Title I: *Comprehensive School Reform Model Program, Academic Achievement* (1999–2002)
- American Institute of Research, *Comprehensive School Reform Effective Program* (1999)
- **Character Education**
- U.S. Department of Education, What Works Clearinghouse, *Meets Evidence Standards* (2006)
- Character Education Partnership, *Effective Program*
- New Jersey Character Education, *Program of Merit* (2000–2001)
- National Character Education Resource Center (NCERC), Dr. Marvin Berkowitz, *Effective Program* (2003)
- **International**
- World Health Organization, *International Safe School Program*

# Positive Action is Recognized as an Evidence-Based, Proven Program

- **Prevention**
- U.S. Department of Education, Safe and Drug Free Schools, *Promising Program* (2001)
- SAMHSA (CSAP), *Model Program*
- National Crime Prevention Center, *McGruff Strategies Program*
- University of Colorado at Boulder Center for the Study and Prevention of Violence, *Favorable Program*
- California Department of Education, California Healthy Kids, *Research-validated Program*
- Brigham Young University Women's Research Institute, *Anti-violence Program* (2001)
- Hate Crime Resource Guide, *Anti-bias Resource for school and youth*
- Office of Juvenile Justice & Delinquency Prevention, *Exemplary Program*
- Virginia Tobacco Settlement Foundation, *Compendium for Tobacco Use Prevention Program for Youth*
- Helping America's Youth, *Level II Program* (2006)

# Positive Action “Covers It All”

## Increasing Positive Behaviors



- Academic achievement
- Advisory program
- After-school programs
- Asset development
- At-risk education
- Before-school programs
- Career education
- Character education
- Children of divorced parents
- Community involvement
- Compassion
- Compensatory education
- Comprehensive health
- Comprehensive school reform
- Conflict prevention/resolution
- Cooperative learning
- Creativity
- Diversity education
- Environmental education
- Empathy
- Ethics
- Family & consumer science
- Gifted and talented education
- Human sexuality education
- Leadership education
- Leadership for school personnel
- Life skills education
- Literacy
- Mental Health
- Mentoring
- Morals education
- Multicultural education
- Multiple intelligences
- Parental involvement
- Parent training
- Peacemaking
- Peer mediation
- Peer tutoring
- Personal development
- Positive education
- Principal as leader
- Resiliency training
- Respect
- Responsibility
- School climate
- School improvement
- School innovation/reform
- School and classroom management
- School-wide counseling & guidance
- School-wide mental health
- Self-concept education
- Service in the curriculum
- Social and emotional learning
- Social skills education
- Special education
- Standards-based education
- Staff development
- Title I
- Thinking skills
- Tolerance
- Values education

# Positive Action “Covers It All”

## Decreasing Negative Behaviors by:

- **Preventing or Reducing:**

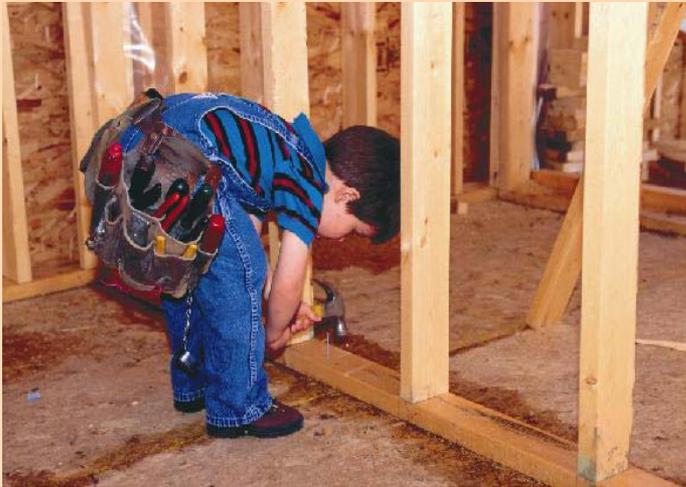
- Absenteeism
- ADHD Behaviors
- Bullying
- Discipline referrals
- Dropping Out
- ***Drug, Alcohol and Tobacco use***
- Gang Involvement
- Intolerance
- Juvenile Delinquency
- Obesity
- Suicide
- Teen Pregnancy
- Truancy
- Suspensions
- Vandalism
- Violence

# Positive Action Works for: Prevention, Academics, Behavior, and Character Development

- Academic Achievement
- Standards-Based Curriculum
- Character Development
- Prevention
  - Increase positive behaviors: life skills, positive youth development
  - Decrease negative behaviors: disciplinary actions, bullying, suspensions, truancies, violence, alcohol, tobacco, and drug use, etc.
- Social and Emotional Learning
- Mental Health
- School and Classroom Management
- Climate Development
- Comprehensive School Reform
- Comprehensive Guidance and Counseling

# Positive Action Mission Statement

- To improve society by teaching and promoting the positive actions that lead individuals, families, schools/sites, and communities to **success and happiness**, which is feeling good about who you are, what you are doing, and how you treat others (being the best you can be).



# Basic Philosophy (Theory of Action) of the Positive Action Program & Circle

You feel good  
about yourself  
when you do  
positive actions.

C.F. (Reference)  
Cognitive Behavior Therapy  
and Positive Psychology

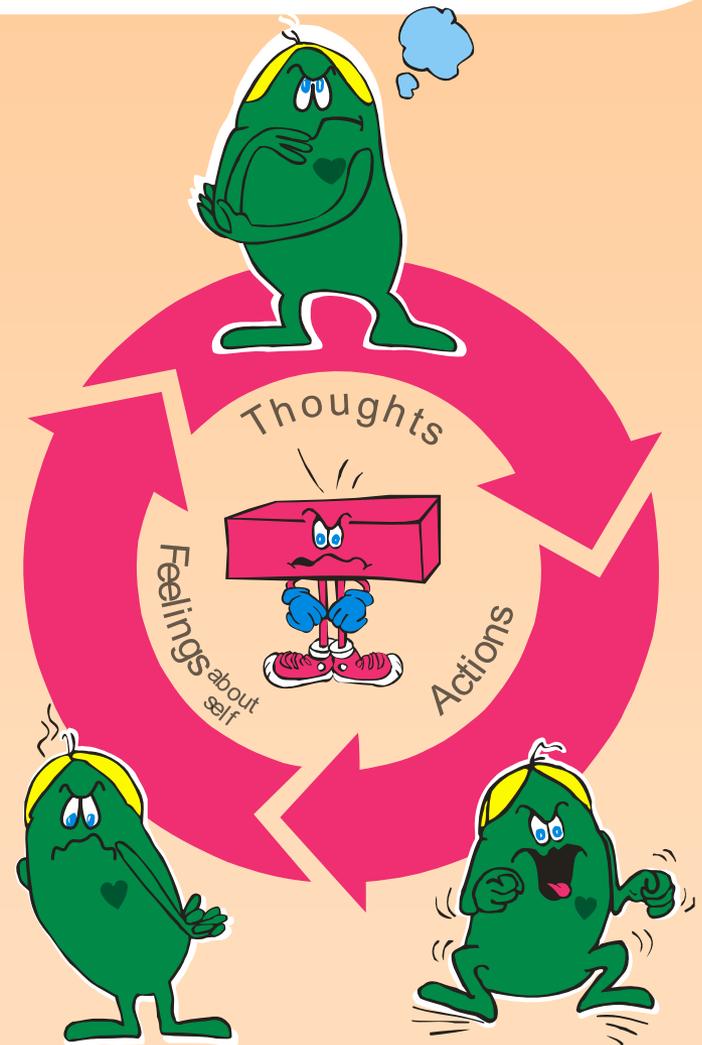


# Basic Philosophy (Theory of Action) of the Positive Action Program & Circle

...and

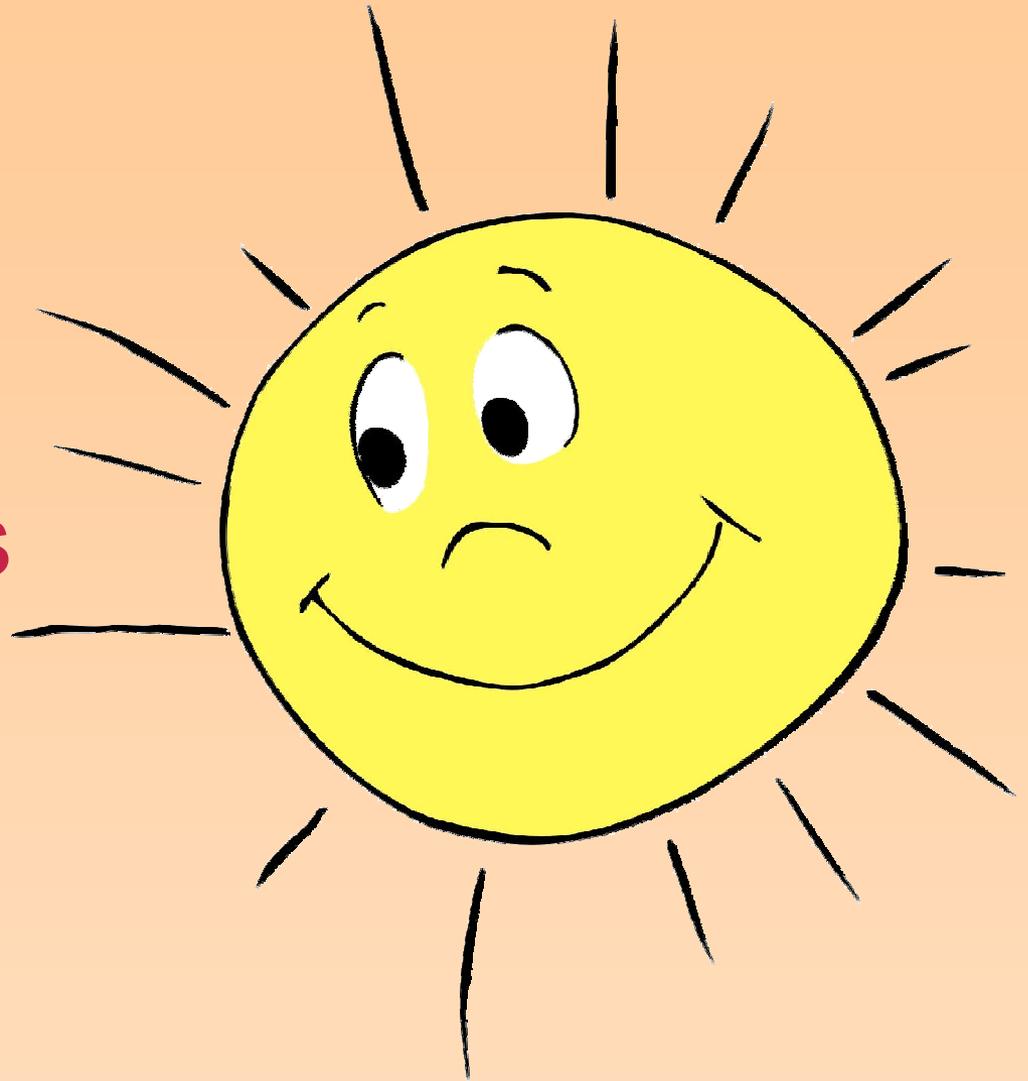
You feel bad  
about yourself  
when you do  
negative  
actions.

C.F. (Reference) Depression



...and

There is always  
a positive way  
to do  
everything.



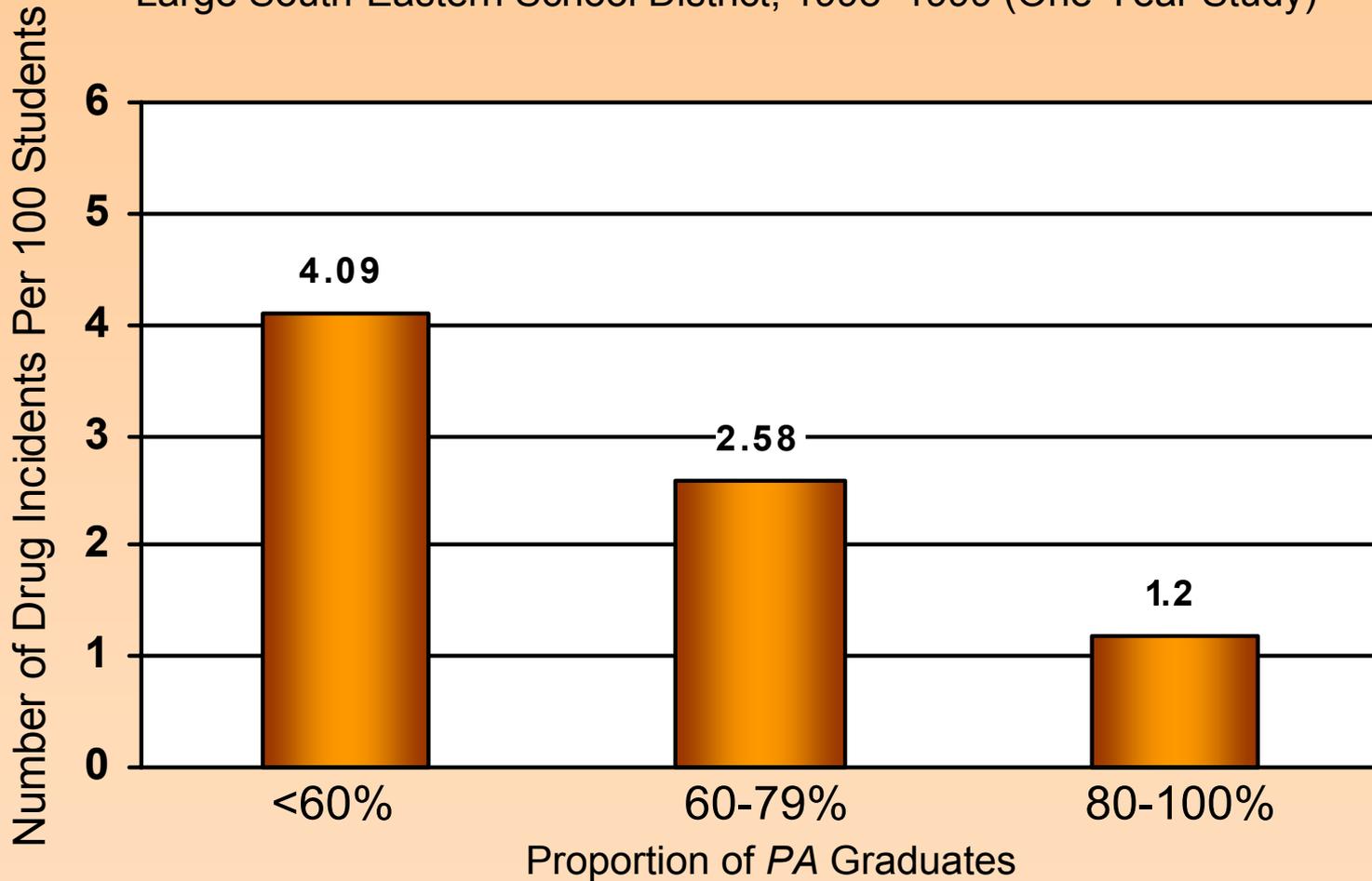
# Positive Action Focus Units (Learning Goals)

•In the classroom curriculum and all other materials, the *Positive Action* content is taught through six focus units.

- Unit 1:** Self-Concept: What It Is, How It's Formed, and Why It's Important (Philosophy & Circle)
- Unit 2:** Physical and Intellectual Positive Actions for a Healthy Body and Mind
- Unit 3:** Social/Emotional Positive Actions for Managing Yourself Responsibly
- Unit 4:** Social/Emotional Positive Actions for Getting Along with Others by Treating Them the Way You Like to Be Treated (Social Skills & Character)
- Unit 5:** Social/Emotional Positive Actions for Being Honest with Yourself and Others (Mental Health)
- Unit 6:** Social/Emotional Positive Actions for Improving Yourself Continually (Setting & Achieving Goals)

# Effects of Levels of Elementary *PA* on Middle School Substance Use (Tobacco, Alcohol, Illicit Drugs)

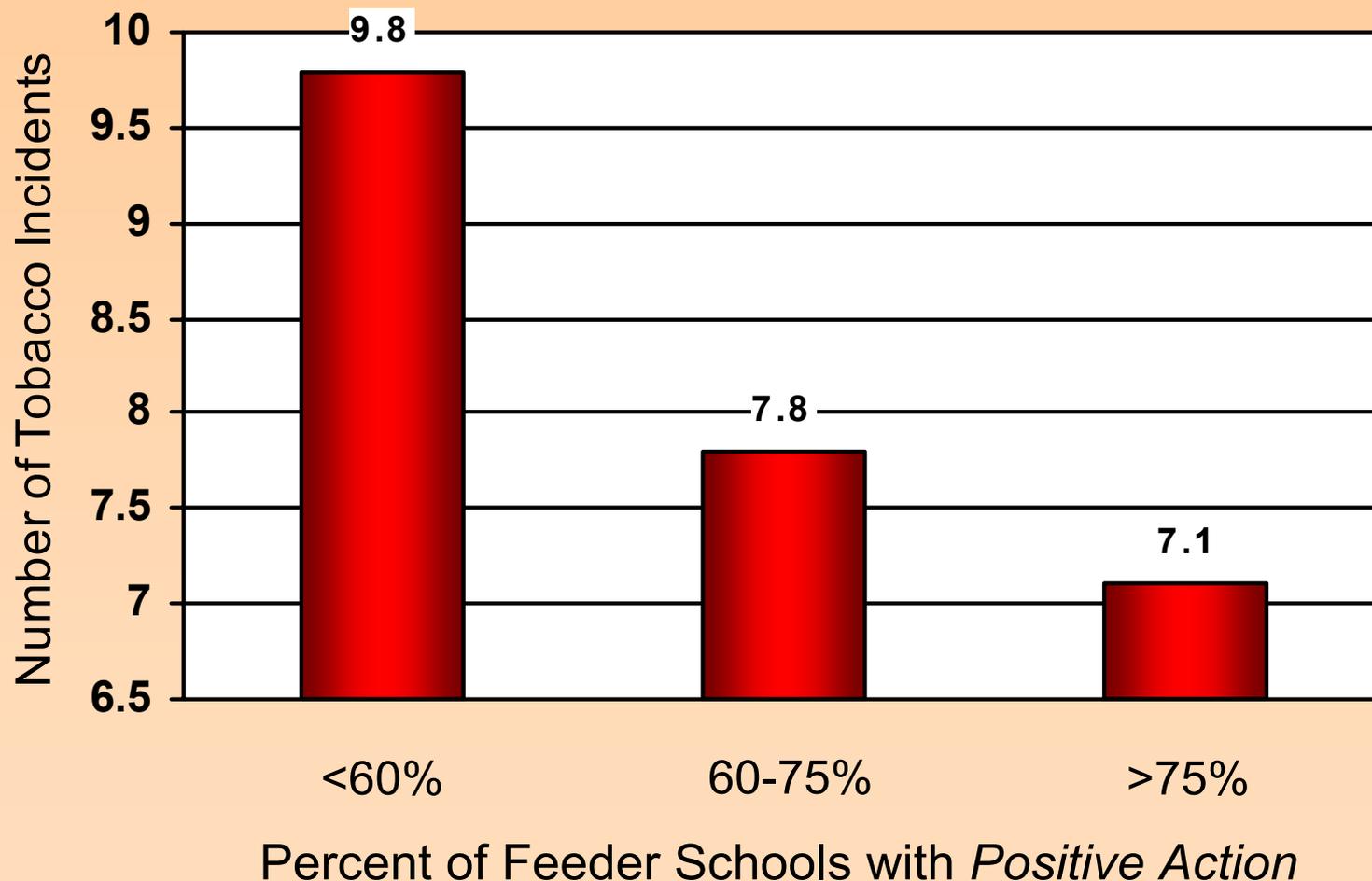
Large South-Eastern School District, 1998–1999 (One-Year Study)



# Effects of Elementary *PA* on Middle School Tobacco Use

The More *PA* Graduates, the Lower the Tobacco Use

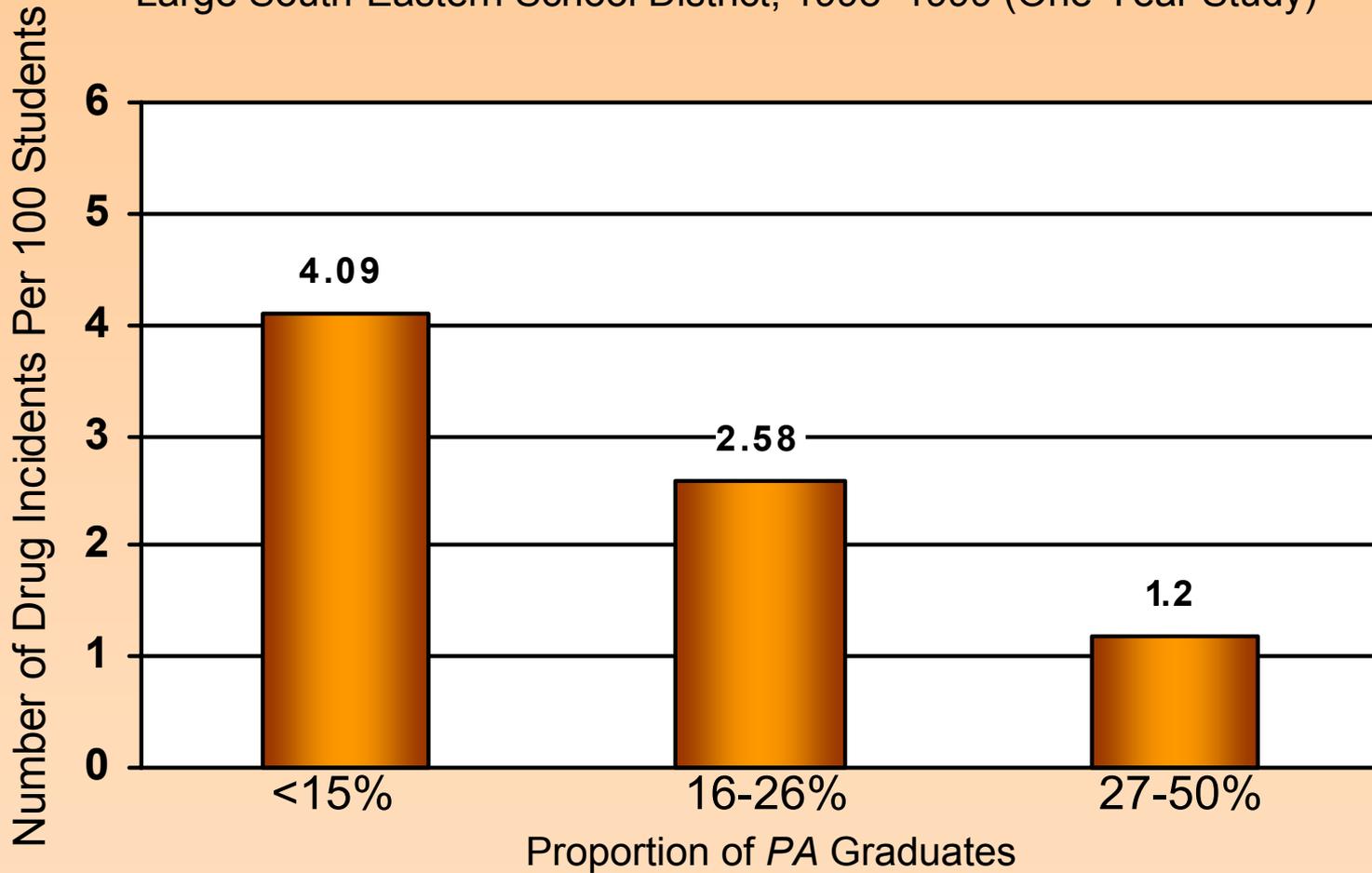
Large South-Eastern School District, 1997–1998 (One-Year Study)



# High School Drug Use by Proportion of *PA* Graduates

## Drug Use

Large South-Eastern School District, 1998–1999 (One-Year Study)



# Positive Action at BGCMV

- Each member has PA one semester per year
- Each age group has two fifteen minute lessons per week
- Summer sessions are held each week for six to eight weeks
- Students are given pre and post tests



# Results of PA After One Year

- Kids look forward to PA
- Sessions are easy for staff to implement
- Overall atmosphere of Club has improved
- Positive behaviors have increased
- Discipline issues have decreased
- Pre and Post tests for Summer sessions show marked improvement in Tobacco resistance skills

# Why we want to expand PA

- There is no other place in Twin Falls where kids get this tobacco prevention message
- We turn away many kids each year
- There is a need for family education classes in tobacco prevention
- Prevention is important at an early age
- Support our community

# Boys & Girls Clubs and Other After-School Program Using *PA*

- **Boys & Girls Clubs:**
  - Hot Springs, and El Dorado, Arkansas
  - Pensacola, Perry, Jacksonville, and Vero Beach, Florida
  - Twin Falls, Idaho
  - Harrisburg and Rockingham Counties and Newport News, Richmond, Norfolk, Roanoke, Roanoke, Virginia
- **YMCA/YWCA/Other Community Agencies:**
  - Port Charlotte and Miami, Florida
  - Honolulu, Hawaii
  - Cottonwood, Idaho
  - Vincennes, Indiana
  - Morganfield, Kentucky
  - Monroe, Louisiana
  - Roxbury and East Boston, Massachusetts
  - Las Vegas, Nevada
  - Rochester, New York
  - Hamilton, Ohio
  - Bucks County and Erie, Pennsylvania
  - Sioux Falls, South Dakota
  - Austin, Dallas, and Houston, Texas
  - Norfolk and Richmond, Virginia
  - Spokane, Washington
  - Others

# Positive Action is...

...a comprehensive, coherent program  
that improves

- **academics, character, and behavior!**



# Positive Action is...

...the program that teaches

**success and**

**happiness!**

